

Taming Your Private Thoughts

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using James 1:14-16 as a platform for showing the danger of wrong thinking progressing to sin this book uses biblical models historical figures and real life case studies to encourage and equip believers for the ongoing battle against sinful thinking and runaway thoughts

robert digby a young engineer manages a factory manufacturing robots searching for a higher level of artificial intelligence he meets carla rossi who has care of four illegally cloned human brains the pair save the brains from destruction and equip them with robot bodies the free brains have no organs for sight hearing or speech and develop communications with each other and with carla by mental telepathy robert and carla adapt or invent mechanical and electronic systems to provide the free brains for a semblance of human life it all has to be done in secret in the process advances in medical science including the replication of human organs to repair or replace failing natural organs result one of the four cloned brains bears the genes that produce autism another has a penchant for speaking in rhyme a third becomes an accomplished pianist and guitar player the fourth utopia is a universally loved and vivacious adolescent girl growing up in unnatural circumstances as a fashion model

since his 1990 landmark book *overcoming organizational defenses* chris argyris has extensively researched and written about how well meaning smart people create vicious cycles of defensive behavior to protect themselves from embarrassment and threat in discussing the undiscussable bill noonan enlivens the scholarly work of chris argyris through the use of reflective exercises and easy to read chapters that illuminate the basic human experience endemic to the creation of defensive routines this book offers hope for altering organizational defensive routines by leveraging the greatest opportunity for change the way we think and act discussing the undiscussable provides a set of practical how to do exercises for detecting surfacing and discussing organizational defensive routines in a safe and productive way the combination of text business fable and interactive and reflective exercises is versatile in its application to both individuals and groups the companion dvd contains video vignettes of the book s business fable where the actors model both defensive routines and virtuous cycles of behavior readers will instantly recognize what has long been going on in the workplace and will be able to develop the skills to talk about it productively

psychologist and top marriage guru john gottman has spent twenty years studying what makes a marriage last now you can use his tested methods to evaluate strengthen and maintain your long term relationship this ground breaking book will enable you to see where your strengths and weaknesses lie what specific actions you can take to improve your marriage and how to avoid the damaging patterns that can lead to divorce it includes practical exercises and techniques that will allow you to understand and make the most of your relationship ways to recognise and overcome the attitudes that doom a marriage questionnaires that will help you evaluate your relationship case studies and anecdotes from real life throughout

a notebook for your private thoughts all ages 120 pages of lined paper for you to create how you like great for use as a diary or journal 8 5x11 sized pages plenty of room to draw write doodle or whatever you desire

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